

Elixirs with purpose. Crafted for balance.

At Nectarium, health takes liquid form. Each beverage is crafted with intent—where nutritional science meets modern mixology. In collaboration with our Head of Dietetics and Nutrition, our drinks are designed to nourish the body and awaken the senses.

From relaxing teas and probiotic infusions to antioxidant smoothies and kombucha mocktails, every sip is purpose-driven—to energise, restore, calm, or uplift. Guided by culinary medicine, ingredients are chosen for both provenance and benefit.

Have a sip, savour, and rebuild your hydration—Nectarium is your space to connect and gather yourself for the next achievement.

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Mark Tai

Leading the kitchen is Chef Mark Tai, Singapore's first MICHELIN Guide Young Chef Awardee, whose experience across luxury hospitality brings precision, creativity, and discipline to every plate. His vision is to elevate health-focused cuisine without compromising depth or dining experience.

Claudia Correia

Overseeing the nutritional philosophy at Folium is Claudia, Head of Dietetics and Nutrition. With over 16 years of clinical experience across leading hospitals and private practice, Claudia brings evidence-based rigour to every dish. Her vision is to translate nutritional science into everyday dining—ensuring each meal supports metabolic health, digestion, and long-term vitality, while remaining practical, enjoyable, and deeply nourishing.

Shuk Ezat

Our Food and Beverage Manager with over 18 years of experience, Shuk Ezat brings operational expertise, beverage innovation, and a passion for exceptional guest experiences to Nectarium. Each drink is thoughtfully crafted around nutrition, flavour, and sensory experience, reflecting MORROW's wellness-driven philosophy while delivering seamless service and memorable moments with every visit.

folium *nectarium* caesura

Wellness Blends

Purposeful blends designed to support energy, recovery and everyday balance.



Beta Boost 12

Mango, orange, and carrot

Tropical Cleanse 15

Apple, cucumber, lime, pineapple, and baby spinach

Tropical Vitality 15

Pineapple, banana, kale, chia seeds, and coconut water

Vine & Leaf 14

Green grapes, banana, baby spinach, and coconut water

Wellness Flights

Targeted shots designed to boost immunity, detox, and energy. Choose any 3 for 15.



Vital Sip 6

Ginger, Apple cider vinegar, lemon, and honey

Detox Green 6

Kale, cucumber, and lemon

Power Flow 6

Beetroot, ginger, apple cider vinegar, and honey

Golden Heat 6

Ginger, turmeric, black pepper, cayenne pepper, tamarind, and lemon honey

Beet the Burn 6

Mango, ginger, lemon, turmeric, black pepper, honey, and coconut water

Sip and Tell

Botanical infusions crafted for calm, balance and gentle restoration.



Spiced Orchard	10
Coconut water, apple, and cinnamon	
Lime Lift	11
Coconut water, chia seeds, and lime	
Culico	11
Coconut water, cucumber, and lemon	
Scarlet Sip	12
Coconut water and roselle	

Mock and Roll

Alcohol-free creations crafted to nourish,
delight, and invigorate.



Mango-Lito	15
Mango, lime, mint, and soda	
Glow & Flow	15
Betel leaf, cucumber, lime, and green apple	
Apple Pie	17
Red apple, lemon, cinnamon, and egg white	
Vanilla Sour	16
Kombucha, vanilla, lemon, and egg white	

Kombu Cha-Cha-Cha

A refreshing fermented tea crafted for balance and enjoyment.



Original	12
Cranberry	14
Cinnamon & Date	14
Mango & Pineapple	14

All prices are subjected to
10% service charge and prevailing GST

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Newby Loose Leaf Tea

Tea blends designed to calm, restore,
and refresh with every cup.



English Breakfast	7
Darjeeling	7
Earl Grey	7
Genmaicha	7
Green Sencha	7
Milk Oolong	7
Silver Needle	9
Cold Brew	8

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Caffeine-Free Loose Teas

Naturally caffeine-free blends crafted for calm,
balance and gentle restoration.



Chamomile	7
Mango & Strawberry	7
Rosehip & Hibiscus	7
Spa Blend	8

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Tily Tea

Modern herbal blends crafted for daily wellness and vitality.



Tily Deep Cleanse

8

Burdock root, red dates, rose,
peach blossom, and apple blossom

Tily Through The Day

8

Astragalus, codonopsis pilosula,
red dates, goji berries, marigold,
and snow chrysanthemum

Coffee

Balanced brews for focus, clarity, and mindful energy.



Black

6

Ice / Decaf +1

White

7

Ice / Decaf / Oat Milk +1

Cold Brew

8.5

Oat Milk +2

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Barista Specialty

Elevated handcrafted lattes that bring together comfort, clarity, and a moment of mindful pause.



Niko Neko Ajisai Ceremonial Hot Matcha Latte 7

Oat Milk +1
Double Milk +2

Niko Neko Ajisai Ceremonial Iced Matcha Latte 9

Oat Milk +1
Double Milk +2

Spiced Chai Latte 7

Iced / Oat Milk +1
Double Milk +2

Hydration

Simple hydration options for refreshment throughout the day.



Still Aqua Panna 500ml	5
Sparkling San Pellegrino 500ml	5
Coconut Water Coco Loco 330ml	6

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Nutrition

A pillar of lifestyle medicine

At Nectarium, nutrition flows through every creation, shaping hydration into a purposeful daily ritual. As a key pillar of lifestyle medicine, nutrition guides our carefully curated beverages—each developed in collaboration with our dietetics team to support balance, function, and optimal hydration. These complement your daily fluid intake, offering flavourful, nutrient-rich alternatives that add variety and support overall well-being alongside adequate water consumption.

From antioxidant-rich smoothies to probiotic kombuchas and relaxing teas, every ingredient is chosen for its physiological purpose and sensory pleasure. These aren't just drinks; they're thoughtfully composed elixirs that hydrate, heal, and harmonise—helping you feel your best, one sip at a time.

Kindly inform us of any allergies. Our kitchen handles nuts, shellfish, gluten, and other allergens; cross-contamination may occur.

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